

**EPISODE TWO/
RESPONSIBILITY**

HOST - LIZ BLUME

CO HOST - GRACE SANCHEZ

GUEST - JASON TORRES



NAME

CLASS

DATE

This week's episode focuses on the importance of being responsible and the impact of your actions. Liz uses a daily checklist to keep track of her personal responsibilities which include: cleaning dishes, making her bed, cleaning the bathroom, taking out the trash, and doing laundry. Liz has to ensure her checklist gets completed because it is her responsibility and no one is going to do these task for her.

Q What is your daily checklist or responsibilities at home?

A

So, what does the word **responsible** mean? To Grace **being responsible means taking action, having good hygiene, and getting plenty of rest to take on the day.** She admits she is not perfect and is working on being more responsible. To help herself, Grace has decided to track her responsibilities in her journal and list what is expected from each task. Knowing what has to get done will help Grace become more responsible.

Q How can you keep track of your tasks to make yourself more responsible?

A

Mr. Jason thinks responsibility is a complicated skill, as it depends on the person and their situation, "**Responsibility means different things to different people.**" He says responsibility is all about taking **ownership** for what is going on. For Grace it is taking care of her school responsibilities and for Liz it is paying her bills on time. Jason states responsibility **looks different for everyone.**

Q How are you taking ownership of your own life?

A

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Mr. Jason has many responsibilities in different aspects of his life, even when he is playing his favorite sport, ice hockey. Some of his responsibilities when playing ice hockey are showing up on time, listening to his coach, and being a good team player. If he is not doing those things, he says he is not being responsible and **he is letting himself down, but worst he is also letting his team down.**

Q How do your responsibilities affect others?

A

Mr. Jason thinks responsibility is an important **skill** to learn because it is something you are going to see when you get older. Responsibility helps you become more **independent**. He says if high school students want to become more independent it starts with becoming more **responsible**. This happens because peers, teachers, and parents will trust you to take on more responsibilities. Jason's advice is take responsibility serious because its going help you later in life.

Q Do you agree with Mr. Jason? Why?

A

LIZ'S PODCAST CHALLENGE

You are at your favorite store and you are heading to check-out. You see someone drop a \$50 bill. You know it belongs to them. What do you do?

- A. Pick the \$50 bill up and keep it.
- B. Return the money to the person.

"Being a great leader is being responsible!"
Share with us how you are becoming more responsible by emailing me at ILAPodcast@abilitysc.org.

Thank you for listening!