

EPISODE FOUR/DECISIONS

HOST - LIZ BLUME

CO HOST - JAMES DICKERSON

GUEST - VENEKA JASPER



NAME

CLASS

DATE

James' biggest high school decision was sticking to both orchestra and JROTC even though it meant taking online classes to ensure he would finish high-school on time. He said it was a **hard decision** because he did not know that online classes were an option at his school at first. James had to communicate with his teachers about what he could do to make sure he graduated on time. James told his teachers about his dilemma to see if there were any options for him and they recommended taking online classes. With this information James was able to make an informed decision and made the **right choice** for himself.

Q

What was the biggest decision you had to make while in school? Why did you make that decision?

A

Veneka says decision making is something we are constantly doing in many ways and in many different environments. Veneka starts out each day choosing what to wear, what to eat, and what her schedule is going to look like. She considers these **quick and simple decisions**. However, many decisions take more thought. For instance, if she is working on a project she has to decide what tasks she needs to complete that day.

Q

What are simple decisions for you and what decisions take more thought on a daily basis?

A

Veneka says any time we make a decision we need to think of possible outcomes or what the consequences of that decision may be. She says, "sometimes a five second decision has a five to ten year affect on a persons' life. It is important to learn what is a quick "gut" decision or what is a decision that takes more time to think about, that may have an impact on others. Our decisions can have a long lasting affect on our lives and others."

Q

What is a decision that will have a long lasting affect on your life?

A

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James says making decisions now, as a young adult, is not much different as making decisions when he was in high school. He says, the determining factors are slightly different on his decisions which have an effect on his outcomes. James' determining factors are not about his grades anymore, but instead about his job performance. These decisions can have a positive or negative consequence on his job performance. Liz points out that there can be positive outcomes to decision making, for example; coming to work early and getting a few extra things done, can have a positive impact on your boss's impression on who you are.

Q What are some decisions that you have made that have had a positive consequences / outcomes?

A

Liz's take away from her conversation with Veneka is whether a decision is good or bad, it will always have a consequence, positive or negative. James says not every good decisions has good consequences, for example he says, if a leader makes the right decision its likely that everyone is not going to agree it was the right choice. All good decisions are not always the best decisions.

Q Is there a time where you made a good decisions but people disagreed with you and why?

A

LIZ'S PODCAST CHALLENGE

Make a list of small and large decisions you have made through out the day.

"Being a great leader is being able to make the decisions affectively. Share with us how you are making affect decisions by emailing

ILAPodcast@abilitysc.org

Thank you for listening!